



SRQ Med Spa
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Injectable Vitamins “Top Shots” Menu

\$49 Nurse Administered

\$24.50 members/ self administered

Tri-Immune Boost This blend of vitamin C, zinc and glutathione reduces the symptoms of the common cold and can help your white blood cells to fight off a virus. It also reduces oxidative stress while improving your immune function. Vitamin C helps to recycle glutathione by converting oxidized (already used) glutathione back to its active form. Zinc is great for wound healing and fighting off infections. All 3 of these products together also are a great benefit to your hair, skin and nails.

Alpha Lipoic Acid (ALA) Several studies link alpha lipoid acid (ALA) to lower blood sugar levels. Combined with its ability to kill free radicals, ALA also helps to relieve the pain associated with peripheral neuropathy including numbness, tingling and burning in arms legs and feet. ALA also helps to promote better eye health, preserves bone density, chelate metals, improve skin and protect neurotransmitters in the brain.

Glutathione The “mother” of all antioxidants, Glutathione slows the aging process by removing toxins and free radicals from the liver and from your cells. It also promotes gut health, improves cognitive function and reduces muscle and joint discomfort through its anti-inflammatory benefits. Finally, it is the best way for your white blood cells to get strong and rebuild, especially after an illness, injury or a surgery.

Biotin (B7) Biotin promotes healthy hair skin and nails. It also regulates blood sugar levels and can assist with lowering cholesterol as well and helping to control diabetes. Biotin supports the nervous system, improves cardiovascular health and aids in the digestive system.

Pantothenic Acid (B5) In addition to being very important in helping your body break down fats and carbohydrates into energy, B5 is also very important

in the development of red blood cells. B5 supports the adrenal glands in the production of sex and stress related hormones. B5 also plays a role in improving cognitive function, relieving the symptoms associated with rheumatoid arthritis and maintaining healthy nerve function.

Pyroxadine (B6) B6 is important to the proper function of sugars fats and proteins. Higher levels of B6 can result in significantly less feelings of stress, anxiety and depression. B6 may promote brain health and help to lessen the risk of Alzheimers. It is also a useful agent to treat the symptoms of depression associated with PMS and is a natural anti-nausea agent. In addition, it may also help prevent clogged arteries and reduce the risk of heart disease.

B Complex B complex is a combination of several different B Vitamins, including Thiamin (B1), Niacinamide (B3), Riboflavin (B2) , B5 (pantathoic acid) and B6 , (pyroxadine). This complete combination of vitamins B1 insures healthy cell reproduction, boosts your immune system and helps with stress relief. B2 is essential for the production of red blood cells, and whole body oxygenation as well as slowing down the wear and tear of aging on your organs and skin., B3 helps manage cholesterol levels that in turn lower the risk of cardiovascular disease. There is more information on B5 and B6 above.

Taurine Higher levels of Taurine has been associated with reduced blood pressure and cholesterol, prevention of weight gain, lowering liver markers and increasing bone density. People who work out a lot benefit from the protection that taurine offers their muscles and improved overall performance. When taken at bed time, taurine can aid in sleep and act as a natural sedative.

Mineral Blend The key minerals in your body, magnesium, selenium, copper, zinc and manganese come from your food less and less due to hydroponics grading and speedy farming techniques. These minerals protect your cells, aid in hormone replacement, and support both your nervous system and your thyroid. In addition to improving gut health and muscle development, they help your red blood cells transport oxygen. They are the catalyst from moving vitamins to and through your cells as well as helpers building strong bones and teeth.

Amino Acids Blend. Amino acid IV therapy will help you improve your exercise performance and recovery times, prevent muscle loss, boost your metabolism, increase energy levels, promote lean muscle development, and increase endurance. The human body then uses amino acids to make proteins to help the body: Break down food. Grow. Repair body tissue. In food form—namely protein—it takes three to four hours for the body to absorb amino acids. But in crystalline form the body can absorb them in just 30 minutes. This means we can consume amino acids when our bodies need them, making them ideal for sports and training.